

Weekly BRAVO Meal Planner

THEME: FRENCH



Weekday	BRAVO	Du Jour	PM BRAVO
Week 6	Available from 11:00am until 2:00pm	Available from 11:00am until 8:00pm - or until the soup runs out	Available from 5:00pm until 8:00pm - limited quantities available!
Monday - Sept. 30th	French Dip Sandwich with Au-jus, Butter Bean & Corn Succotash and Homemade Potato Chips	Tomato Basil	French Dip Sandwich with Au-jus, Butter Bean & Corn Succotash and Homemade Potato Chips
Tuesday - Oct. 1st	Steak Au Poivre or Seared Cauliflower Au Poivre with Fries and glazed baby carrots	Potato Kale	French Baguette 'pizza'
Wednesday - Oct. 2nd	Croque Monsieur Sandwich with Smoked Gruyere-Bechamel. Garden Greens and Avocado	French Sausage and Bean	Croque Monsieur Sandwich with Smoked Gruyere-Bechamel. Garden Greens and Avocado
Thursday - Oct. 3rd	Chicken Cordon Bleu or Ratatouille & Egg Noodles	Cream of Broccoli	Chicken Cordon Bleu or Ratatouille & Egg Noodles
Friday - Oct. 4th	The Sidebar Café will be closed today	CLOSED	The Sidebar Café will be closed today

Weekly BRAVO Meal Planner

THEME: Caribbean



Weekday	BRAVO	Du Jour	PM BRAVO
Week 7	Available from 11:00am until 2:00pm	Available from 11:00am until 8:00pm - or until the soup runs out	Available from 5:00pm until 8:00pm - limited quantities available!
Monday - Oct. 7th	Jamaican Jerk Chicken Breast with Coconut Rice and Mango Salsa	Chili Con Carne	Caribbean Fish Tacos
Tuesday - Oct. 8th	Puerto Rican Fried Pork with Rice, Beans and Crispy Yucca	Trinidad Corn Soup	Messy Pork Sandwich
Wednesday - Oct. 9th	Mongu with Red Onions, Chicken and Plantains	Caribbean Bean Soup with Collards and Pork Belly	Open Faced Turkey & Gravy over Mongu
Thursday - Oct. 10th	Pinon Lasagna with Rice and Bean	Island Kale and Sweet Potato Soup	Caribbean Pulled Chicken Quesadilla with Rice and Beans
Friday - Oct. 11th	Spiced Caribbean Pulled Chicken Sandwich with Yucca Fries and Cilantro Aioli	Chef's Choice (Soup will be posted in The Café on this day)	The Sidebar Café Closes at 2:30pm on Fridays

Weekly BRAVO Meal Planner

THEME:
Oktoberfest



Weekday	BRAVO	Du Jour	PM BRAVO
Week 8	Available from 11:00am until 2:00pm	Available from 11:00am until 8:00pm - or until the soup runs out	Available from 5:00pm until 8:00pm - limited quantities available!
Monday - Oct. 14th	Beer Bratwurst with sauerkraut and grain mustard. Warm German potato salad	Beef & Barley with Onions	Beer Bratwurst with sauerkraut and grain mustard. Warm German potato salad
Tuesday - Oct. 15th	Potato and Cheddar Pierogies with caramelized onions, Sautéed zucchini and vegetable medley	Sausage & Potato Soup	German Style Crispy Chicken Sandwich with Beer & Mustard Onions
Wednesday - Oct. 16th	Konigsberger Klopse (German Meatballs in White Sauce) Served with mashed potatoes and vegetables	Bavarian Lentil Soup	Krout & Swiss Burger on Pretzel Bun
Thursday - Oct. 17th	Jumbo Bavarian Pretzel with Beer Cheese and Jack Daniels Honey Mustard	Beef & Tomato with Egg Noodle Soup	Jumbo Bavarian Pretzel with Beer Cheese and Jack Daniels Honey Mustard
Friday - Oct. 18th	Fischbroetchen Sandwich (Crispy Cod Fish Sandwich)	Chef's Choice (Soup will be posted in The Café on this day)	The Sidebar Café Closes at 2:30pm on Fridays

Weekly BRAVO Meal Planner

**THEME: Mongul
Indian**

Metz Dining Survey: Oct.21st -
Nov. 1st

**HAVE YOU TAKEN THE
DINING SURVEY YET!!!!**

www.metzbarrylaw.com/survey

Weekday	BRAVO	Du Jour	PM BRAVO
Week 9	Available from 11:00am until 2:00pm	Available from 11:00am until 8:00pm - or until the soup runs out	Available from 5:00pm until 8:00pm - limited quantities available!
Monday - Oct. 21st	Red Curry Coconut Shrimp with Basmati Rice, Squash & Onions. Garlic Naan Bread	Lemon Coriander Chicken Noodle Soup	Curry Chicken Salad with Mango Chutney
Tuesday - Oct. 22nd	Tandoori Turkey with Curried Broccoli and Cauliflower, White Rice - Naan Bread	Curried Pumpkin Soup	Curried Vegetable Flatbread
Wednesday - Oct. 23th	Yellow Vegetable & Tofu Curry with Jasmine Rice and Garlic Naan Bread	Indian Mulligatawny Soup	Hummus Trio with Grilled Naan Roasted Red Pepper - Garlic - Avocado
Thursday - Oct. 24th	Mango & Chicken Chutney with roasted Fingerling Potatoes and Fresh Vegetables	Cream of Cheddar-Broccoli Soup	Vegetable Stuffed Flounder
Friday - Oct. 25th	Classic Masala Dosa with Chips	Chef's Choice (Soup will be posted in The Café on this day)	The Sidebar Café Closes at 2: 30pm on Fridays

Weekly BRAVO Meal Planner

THEME: Italian #2

Metz Dining Survey: Oct. 21st -
Nov. 1st

**HAVE YOU TAKEN THE
DINING SURVEY YET!!!!**

www.metzbarrylaw.com/survey

Weekday	BRAVO	Du Jour	PM BRAVO
Week 10	Available from 11:00am until 2:00pm	Available from 11:00am until 8:00pm - or until the soup runs out	Available from 5:00pm until 8:00pm - limited quantities available!
Monday - Oct. 28th	Meatball al forno with Linguine and Sauteed Broccoli Rabe	Italian Wedding Soup	Crispy Honey Chicken Sandwich
Tuesday - Oct. 29th	Polenta Gratin with Tuscan Cheddar Sauce, Rosemary Zucchini	Roasted Italian Tomato Soup	Beef Lasagna with Garlic Bread
Wednesday - Oct. 30th	Warm Italian Bruschetta Baguette	Pasta e Fagioli Soup	Warm Italian Bruschetta Baguette
Thursday - Oct. 31st	Scarpariello with Spinach Risotto	Tuscan Pumpkin & Pear Soup	Italian Marinara and Mozzarella Burger
Friday - Nov. 1st	Warm Ham and Mortadella Sandwich with Provolone and Italian dressing. Served with Arichini	Chef's Choice (Soup will be posted in The Café on this day)	The Sidebar Café Closes at 2: 30pm on Fridays

